

PACKING LIST

Use this list to help you pack for the diverse locales, climates and local customs you'll encounter. Packing is of course, an individual art. As such, we recommend you use this list as a general guideline to help you make the most out of your upcoming expedition.

CARRY-ON:

- Wallet or purse with credit cards and cash
- Passport
- Antibacterial gel and spray
- Bug spray
- Lip balm
- Sunscreen
- Prescription medication, properly labeled
- Cellphone and camera
- Chargers and extra batteries

CLOTHING:

- Three pairs of long, lightweight pants for touring
- Two pairs of shorts and/or a long skirt
- Sweater or sweatshirt and a rain jacket
- Four short-sleeved, button-down shirts (at least one in a light, neutral color)
- One long-sleeved, button-down shirt
- Two casual tees or polos
- Swim attire & cover up
- For festive dinners:
(Men) Two pairs of slacks/khakis and a jacket
(Ladies) Two smart-casual dresses or dressy pants, and a blazer or dressier cardigan
- Nightclothes
- Undergarments
- Socks of varying thickness

ACCESSORIES:

- Spare eyeglasses and/or contact lenses and case
- Sunglasses
- Belt
- Scarves or costume jewelry
- Small bag or purse with a strap

SHOES:

- Two pairs of broken-in walking shoes with good tread
- One pair of dressier shoes and/or sandals (Ladies, please avoid high heels)
- Sports sandals or flip-flops

TOILETRIES:

- Toothpaste and toothbrush
- Personal grooming/hygiene products

MEDICATIONS:

- A month's supply of any personal prescriptions
- Over-the-counter cold and flu medicines
- Diarrhea treatment kit

OTHER:

- Ziploc® bags of various sizes (to prevent moisture on electronics, books and notebooks)
- Binoculars
- Collapsible umbrella
- Collapsible, rubber-tipped walking stick, if needed
- Photocopies of your passport

NOTES

PACKING GUIDE

GENERAL PACKING TIPS

- Do not overpack: To guarantee space for shopping and souvenirs, pack so that all of your items fit into your large suitcase, then divide those items between your large and small suitcase.
- Pack items that mix and match. Use a single color scheme to help your attire feel fresh.
- Dress in layers for changes in climate, or to go from warmer days to cooler evenings.
- Plan to use hotel laundry services along the way. These are available at almost every stop.
- Use packing cubes to keep items organized and save space.
- Don't pack shampoo, conditioner or moisturizer unless you require a specific brand. They will be available at all hotels and lotion is provided in your cabin bag on board our jet.
- To save space in your luggage, use your personal cabin bag, stored on board the jet, to keep souvenirs or items you won't use on a daily basis.

RECOMMENDED ATTIRE

TOURING:

While touring, casual dress is recommended. Please note that while visiting temples, churches, mosques or other religious sites it is often required that you keep your shoulders covered and wear long pants or a long skirt.

MEALS:

Breakfast and Lunch: Casual dress is always recommended. Generally, breakfast is served at the hotel, and lunch will be either at the hotel, a local restaurant or served while touring.

Dinners: Casual dress is most commonly worn for group dinners. However, on some evenings, including when dine-around meals are planned, smart-casual or resort-casual attire is recommended. Men may want to consider packing khakis or slacks, a few nicer shirts and even a jacket. Women may wish to bring a dress or skirt with a blazer or cardigan. Smart-casual attire is recommended, but certainly not required, for our welcome dinner and farewell dinner.

LUGGAGE

You may travel with two bags: One large bag and one small, wheeled suitcase which we will provide for you prior to the expedition. The weight limit for these bags is a total of 90 pounds, no more than 50 pounds per bag. These bags will be stored in the cargo hold during flights.

In addition, you will be allowed one backpack and a small, personal bag as your carry-on. All hand-carried items must fit in the overhead bin.